

# NEWSLETTER

February 2015

## A word from our Principal

Welcome back to the start of another exciting year at Doxa. Welcome to all of our new students and their families. The term has once again started off busy and I am sure it will be holiday time again before we know it.

This year the Education Maintenance Assistance (EMA) program has ceased. Families are encouraged to contact DHS to find out if they are eligible for the School Kids Bonus. More information can be found on the DHS website [www.humanservices.gov.au](http://www.humanservices.gov.au)

This helps with education costs and is automatically paid in January and July to eligible families and students. There is no need to make a claim.

### A reminder to students and their families of some basic Doxa rules

- If your child is ill or going to be absent for the day, please phone the school before 10.30am.
- Junior students start at 9am and Seniors at 9.15am. All students are required inside the building at this time.
- Students are expected to keep their area clean and tidy and are reminded to place their rubbish in the bins situated around the school.
- Energy drinks such as Mother , V etc along with soft drink & take away food (McDonalds, KFC etc) are not allowed in the school.
- Breakfast is from 8.30am til 9am. Fruit is always available for the students at break times.

As most of you are aware, we have a new kitchen. A huge thanks to the Doxa Youth Foundation , along with the help of IOOF, Collier Charitable Fund & H&L Hecht Trust who made this possible . Students completing Hospitality certificates this year will experience what it's like to work in a commercial kitchen.

*(See the photos over the page)*

Families will get to experience the students cooking skills on our Family Dinner night scheduled for some time in May. More details will be sent home after the Easter break.

If you have any questions or queries that you need answered, call the school and make an appointment with myself or one of the teaching or support staff. We wish all students and their families success for the remainder of the term.

John Russell - Principal



**Don't forget to check us out on the Doxa School Bendigo Facebook page at [www.facebook.com/DoxaSchoolBendigo](http://www.facebook.com/DoxaSchoolBendigo)**

**Like our page and be kept up to date with all things happening throughout the term.**

## IMPORTANT DATES TO REMEMBER

Monday 9th March - Labour Day public holiday  
Thursday 12th March - Student Free Day  
Mon 23rd — Fri 27th March - ILP meetings for Junior students  
Fri 27th March - last day of term 1  
Mon 13th April - start of term 2



# News from the Senior Program - Peter Carr

Doxa students returned after the holidays to see a brand new commercial kitchen had been installed in the Rec Room. These wonderful new facilities will allow students to complete some qualifications in Hospitality including Food Safety and Coffee Making. They will also be used for cooking elective and the breakfast program. Other students in the Senior Program will be studying Engineering or Hair and Beauty. We are looking forward to launching these three programs in early March.

## The New Kitchen



## Headspace is in Bendigo

Headspace provides support, information and assistance for young people aged 12 to 25 years who are going through a tough time. They aim to provide support as early as possible, so young people can access this service whether they feel their problem is really small or really big. Many young people go to Headspace are if they are:

- feeling depressed or anxious,
- feeling like they are not coping,
- not sleeping well or sleeping too much,
- finding it hard to concentrate or make decisions, or
- feeling alone or that no-one understands them.

Young people receive free support from a range of professionals including youth workers, sexual health workers, social workers, and alcohol and other drug workers. These workers are skilled in listening to young people and can help them to identify problems, define goals and achieve creative solutions to issues.

Headspace also supports parents and carers of young people. They have great information and tip sheets on their website at [www.headspace.org.au](http://www.headspace.org.au).

You can also give them a call on 5434 3939 or email [headspace@bchs.com.au](mailto:headspace@bchs.com.au) and they will contact you to make an appointment.

The Headspace centre is situated at 192 Hargreaves Street (upstairs) in Bendigo. They're open Monday to Friday from 9am to 5pm.

## Cybersafety

If you, like many parents, feel out of touch with what your kids are doing online and overwhelmed by what's out there, there's great information for parents and carers at [www.cybersmart.gov.au](http://www.cybersmart.gov.au). Just click on the Parents tab.

## Doxa is a 'Don't Bully' school

If you think that your child is having problems with Bullying at school don't ignore it, as the consequences can be serious. Listen to them and take their fears, feelings and concerns seriously. Make an appointment to speak to one of the student support workers to discuss ways to help.



# Photos from Doxa Orientation Week

